



Ohio NAPNAP News

Spring 2018 Newsletter

President

Gail Hornor

I wanted to say a sincere thank you for allowing me to serve as your Ohio NAPNAP president for the past two years, it has been an honor and a pleasure. As I prepare to turn over the reins to our new Ohio NAPNAP president, Nicole Garritano, I have just a few parting words. We are all now aware of NAPNAP's Alliance for Care Coordination of Children in Human Trafficking and I encourage everyone to get involved.

The commercial sexual exploitation of children (CSEC) has been recognized as a pediatric healthcare problem with significant physical and mental health consequences for victims, even death. CSEC is defined as the recruitment, harboring, transportation, provision, or obtaining of a person for the purpose of a commercial sex act where the person is younger than 18 years. CSEC can include sexual acts such as survival sex, prostitution, stripping, and escort services, where the child is the victim of exploitation in exchange for payment in the form of money, food, shelter, drugs, or another entity of value. The exact number of CSEC victims remains unknown. However, it is estimated that between 150,000 to 300,000 American children are at risk for victimization each year with the average age of entry into CSEC being between 12 and 14 years of age. Ohio ranks number four in the nation for calls to the National Human Trafficking Hotline. Although all youth are potential victims of CSEC, certain factors increase a child's vulnerability for entry into CSEC including: sexual abuse victimization, exposure to domestic violence, parental substance abuse or mental health concerns, presence of a pre-existing mental health or behavioral concern, runaway behaviors, and involvement in foster care.

Pediatric health care providers need to be educated about the problem of CSEC to better identify victims and more importantly prevent youth from entry into CSEC. I urge you to attend a meeting of your local human trafficking taskforce. See the Ohio Human Trafficking Taskforce website for information regarding your local taskforce <http://humantrafficking.ohio.gov/coalitions.html>

Get involved by educating fellow pediatric health care providers and at risk youth and becoming more clinically aware of the problem!!



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Program Advisor

Jill Smith

Continuing Education Report

The Spring conference was a huge success with over 80 attendees who spent both days with us. The speakers were great sharing a variety of topics and definitely demonstrated that Ohio's NPs are changing the delivery of healthcare to children. There was a lot of fun, networking and celebration as we awarded our PNP, student PNP and Child Advocate of the year. Thank you to everyone for attending and to anyone who played a part in planning the conference.

Fall Conference 2018 Presented by National NAPNAP

See attached information/ Save the Date

Spring 2019 Pharmacology Update

MARCH 28-29, 2019 :

Embassy Suites Columbus: Corporate Exchange Dr

Will include pharmacology topics and a law CE

Watch future newsletters for more details

Would you like to host a NAPNAP event in your area of the state? Please contact Jill Smith jillpnp@yahoo.com



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SAVE THE DATE!

OHIO NAPNAP FALL 2018 CONFERENCE

WHO: NATIONAL NAPNAP

WHAT: MENTAL HEALTH SYMPOSIUM/PRIMARY REVIEW COURSE

WHEN: SUNDAY, AUGUST 12, 2108 SYMPOSIUM

WHERE: THE WESTIN CLEVELAND DOWNTOWN

NAPNAP is coming to Cleveland this summer! Mark your calendar – August 12 (Symposium), **August 11-12 (Primary Care Review Course)**

NAPNAP is excited to come to Cleveland this summer with our one-day mental health symposium, offering 7 continuing education hours (**partial pharmacology and psychopharmacology hours are also included**). Spend your Sunday learning with mental health experts about important topics, including ADHD, autism spectrum disorder, anxiety, depression, substance abuse, ACEs, bullying, self-harm and more. The symposium will take place at The Westin Cleveland Downtown, located at 777 St. Clair Ave NE. A primary care certification review course will be offered at the same location on Saturday, August 11 and Sunday, August 12. So, if you know a student preparing to take their exam this fall, please share this great news. Register Today!

Pediatric Mental health symposium: BEFORE JULY 22, 2018

Registration Fees: \$175 for NAPNAP members, \$125 for student members.

Nonmembers can register for \$225 and student nonmembers can register for \$150.

All rates will increase \$20 after July 22, 2018, so register early to save.

Primary care Certification review course:

Registration is \$300 for NAPNAP members and student members. All nonmembers can register for \$375.

For more information and to register for the Mental Health Symposium –
<https://www.napnap.org/specialty-symposium-pediatric-mental-health>



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For more information and to register for the Primary Care Review Course -
<https://www.napnap.org/primary-care-pnp-certification-review-course>

Treasurer

Robyn Stamm

"Stop the Bleed" is a White House initiative started after the Sandy Hook school shooting in 2012. It is currently supported and promoted by the American College of Surgeons to provide education on bleeding control in the event of an emergency. You can be prepared to save a life with proper bleeding control techniques. Learn more about this campaign here: <https://www.bleedingcontrol.org/about-bc>.

Legislative & Health Policy

Mandi Cafasso

As a result of the APRN Modernization legislation last year there has been question regarding the number of continuing education credits that will be required for our next renewal period. The new law increases the APRN CE requirement, but it does not go into effect until 2019 renewal.

2017-2019 CE REQUIREMENTS FOR RENEWAL

You need 24 RN and 12 APRN pharmacology hours as in the past for the next renewal period.

Beginning with 2019 renewal: You will need 48 CEs (24 for RN and 24 for APRN including 12 APRN pharmacology CEs).

There are several bills currently in the general assembly that affect children and APRN practice in Ohio. Below is a summary of those bills with which NAPNAP is keeping a pulse.

STEP THERAPY- Senate Bill 56

Step Therapy is known to many of us as "fail first" prescribing. This is often a requirement of insurers for cost containment. Essentially, a prescription will be denied coverage by the insurer and require a patient to try a different/similar medication first. Once the patient "fails" the drug chosen by the insurance, the prescriber can then request the original prescription to be covered. This often requires a prior authorization.



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Data from the Step Therapy Coalition provided last year noted a significant increase in the use of step therapy by insurers over a period of just 3 years, from 60-75%. Ohio NAPNAP is one of 60 organizations who have joined the Step Therapy coalition to require insurers to make decisions based on clinical practice guidelines and to provide a clear process for step therapy exemptions.

This bill passed out of Senate committee and will be headed for a full senate vote the week of June 6, 2018. Please reach out to your Senators in your district to support this bill when it comes for vote.

PRESCRIPTION DRUG CO-PAY INTEGRITY ACT- House Bill 479

It has been realized in recent years that pharmacy benefit managers (PBM) have been reaping benefits by implementing co-pay clawback on medications. The pharmacy upcharges a medication and the pockets the difference between the co-pay and the patient cost. Additionally, pharmacy benefit managers have implemented contractual "gag orders" to pharmacists dispensing medications, which prevents them from discussing prescription costs with patients.

House Bill 479 will prohibit insurers and PBM's from increasing patient medication cost and additionally will prohibit the insurer and PBM's from forcing the pharmacists to remain silent about financial details regarding medicines.

This bill passed out of the house committee at the end of last month and will be headed for the house for a vote in coming weeks. Please reach out to your Representatives in your district to support this bill when it comes for a vote.

[More information:](#)

https://ohiopharmacists.org/aws/OPA/pt/sd/news_article/169191/PARENT/layout_interior_details/false

IMMUNIZATION PROCESS IMPROVEMENT PLAN-House Bill 559

Provisions of HB 559 requires a more streamlined process for reporting of data about immunization opt-outs for school age children. Ohio NAPNAP member, and Immunization SIG chair, Cheryl Cairns wrote an opinion editorial for the Columbus Dispatch last month.

The bill will establish a universal immunization form for school districts which will require a signature from a physician, APRN or Health Department nurse. The form will also require parents/guardians requesting a vaccine waiver to have dialogue with the health care provider regarding medical and scientific. Additionally, the schools will also have a streamlined process for reporting vaccination rates so that public can know opt-out percentage rates.

More information: <http://ohioapp.org/house-bill-559-update/>

Columbus Dispatch Article: <http://www.dispatch.com/opinion/20180512/cheryl-cairns-its-time-to-improve-ohios-immunization-process>

WANT TO GET INVOLVED?

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Clinical Practice

Sharon Juszli

Happy Spring everyone! I hope you all have scheduled some time away from your busy professional schedules to recharge your battery and enjoy some beautiful Ohio (or your other favorite location) weather! I recently had the privilege of attending a presentation by Bernadette Melnyk who was the keynote speaker at the Akron Children's Hospital Spring conference. Bernadette's message never fails to inspire, but this year's presentation really left me contemplating the work we do as Advanced Practice Nurses, specifically the work many of us don't do to take care of ourselves. Dr. Melnyk discussed The **Quadruple Aim** in which **Improved Clinician Experience** is added to the Quality Health Care Model. Apparently, healthcare providers are generally not a healthy group. The National Academy of medicine reports the suicide rate for physicians is twice that of the general population with 39% of physicians reporting depression and 23-31% of primary care nurses reporting emotional exhaustion. Unhealthy health care providers make more mistakes which decreases the quality and increases the cost of healthcare. Fortunately, APN's are excellent at taking care of people, we just need to remember to take care of ourselves. Schedule some regular joy for yourself, you deserve it! Eat some good food, get your heart rate up doing an exercise you enjoy, get to bed on time and try to have some fun every day. Set a timer to remind yourself to take some play time during your work day. Get outside and take a quick walk, do some stretches, read a good book, call a friend, eat lunch away from the computer. Taking good care of ourselves will not only improve our health but will serve as a role model for those in our care.



Figure 2. The Fourth (missing) Aim is improved clinician experience.

For more information on this topic: <https://nam.edu/initiatives/clinician-resilience-and-well-being/>



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As clinical chair, one of my responsibilities is to report all the wonderful activities our members do to promote the health and wellbeing of children in Ohio. Please contact me with any professional or personal efforts you are involved with so that others may be informed and inspired!

Awards

Rosie Zeno

Please join us in congratulating the recipients of Ohio NAPNAP's 2018 Awards!

Ohio NAPNAP Member PNP of the Year:

Teresa Fletcher, Akron Children's Hospital



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Ohio NAPNAP Student PNP of the Year:
Michael Storts, The Ohio State University



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Ohio NAPNAP Child Advocate of the Year:
Detective Lisa McKissick, Columbus Police Department



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Ohio NAPNAP Research Grants (\$500):

Liz Hutson, Nationwide Children's Hospital and The Ohio State University *#mindstrong to Combat Bullying: A Cognitive Behavior Skills Building Intervention for Adolescents.*

Kahla Gagne-Loper, Rainbow Babies

Empowering Caregivers of Children with Medical Complexity to Have Conversations Regarding Advance Care Planning

National Conference Scholarship (\$1,500)

Member Recipient: Amanda Hadad, Nationwide Children's Hospital

Student Recipient: Christine Mayer, The Ohio State University

2019 Award Opportunities

Please consider nominating yourself, or a deserving colleague for the following Ohio NAPNAP Special Recognition, or Monetary Awards. Applications and further details can be located at <http://www.ohio-napnap.org/>

Special Recognition Awards:

Ohio NAPNAP member PNP of the Year

Ohio NAPNAP student PNP of the Year

Ohio NAPNAP Child Advocate of the Year

Monetary Awards:

Ohio NAPNAP Research Grant (\$500)

Ohio NAPNAP Mental Health Scholarship (\$1000)

Ohio NAPNAP Service Grant (\$100-\$1000)

National Conference Scholarship, Member (\$1,500)

National Conference Scholarship, Student (\$1,500)



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Professional Education

Jennifer Brubaker

An APRN who holds an active license is required to have 24 contact hours of continuing nursing education credit to renew their license. At least 12 of the hours must be in advanced pharmacology and must be provided by an accredited institution recognized by the board.

With the passage of HB 216 the following educational changes will go into effect:

All CNM, CNP and CNS licensees must have 45 contact hours of advanced pharmacology education within the previous 5 years before they become certified. The education must include the following topics: fiscal and ethical implications of prescribing, state/federal laws applicable to prescribing, schedule II controlled substances (pain management, fiscal/ethical implications of prescribing schedule II drugs, state/federal laws about schedule II prescribing, prevention of abuse and diversion).

36 of those hours must be with a single provider. Education can be obtained from an accredited education institution or a continuing education program. In an Ohio based accredited nursing program 3 semester hours of pharmacology = 45 contact hours of advanced pharmacology. APRN- CRNA do not require 45 hours of advanced pharmacology as they are not able to prescribe in the state of Ohio.

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Newsletter

Kathleen Cox

If you have any ideas for the newsletter, please feel free to contact me at virginia.cox@nationwidechildrens.org



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Ohio NAPNAP Board Roster 2016-2018

President:	Gail Hornor E-mail Address: gail.hornor@nationwidechildrens.org
President-Elect:	Nicole Garritanno E-mail Address: garritnf@ucmail.uc.edu
Past President:	Linda Kerr E-mail Address: kerrli@hotmail.com
Secretary:	Laurie Freese E-mail Address: stampin@cinci.rr.com
Treasurer:	Robyn Stamm E-mail Address: robyn.stamm@uc.edu
Health Policy/ Legislative:	Mandi Cafasso E-mail Address: mandi.cafasso@cchmc.org
Membership/ Recruitment:	
Program Advisor:	Jill Smith E-mail address: jillpnp@yahoo.com
Clinical Practice:	Sharon Juszli E-mail Address: fnsjuszli@ameritech.net or sjuszli@chmca.org



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Bylaws: Katie Doughty
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Awards: Rosie Zeno
Email address: zeno.7@osu.edu

Prof. Education: Jennifer Brubaker
E-mail Address: brubakj@ccf.org

Bookkeeper: Mary Gagliano
E-mail address: gagliame@aol.com

Newsletter: Kathleen Cox
Email address: virginia.cox@nationwidechildrens.org

Bike Helmet: Teresa Thorpe
E-mail address: teresathorpe@yahoo.com

Nominations: Stephanie Marszal
E-mail address: smarszal@chmca.org

Archives/Historian: Amanda Thompson
E-mail address: AMANDA.L.THOMPSON@gmail.com